

Get Free or Low Cost School Meals for Your Child



How?

All schools offer free or low cost healthy lunches. Some schools offer free or low cost healthy breakfast too! Your child's school mails you a form at the start of each school year. Fill out that form and return it to the school office to see if your child can get these very healthy meals free or at a low cost. If you do not have a form by the time school starts get one from the school office.

Who qualifies?

- Any household who gets SNAP Benefits (Food Stamps), TANF or has a foster child can get free meals for their children. If this is true for you, bring your case number with you to the school when you apply.
 - If 3 people live in your household and the total money they make is \$464 or less a week or \$24,089 or less a year your children can get free meals.
 - If 3 people live in your household and the total money they make is \$464 to \$660 a week or \$24,089 to \$34,281 a year your children can get low cost meals.

More facts can be found on the form.



What should I do now?

Fill out the form the school sent you and make sure to hand it in to the school office or go to the office and fill out a form there.

Who can I call for more help?

Call the school your child goes to for more help. FK= 5.9, 8/26/11

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