

Have a Safe Cookout!

Are you planning a cookout? Do not let it get ruined by food poisoning. Follow these food safety tips to keep your cookout safe!

Bring soap!



Always wash your hands before and after touching food. Soap and water is best. Use a hand sanitizer if you have no running water.

Keep meats separate!



Keep wrapped raw meat and poultry separate from cooked foods, fruits and vegetables.

Do not let foods sit out!



Do not leave perishable foods out for more than 2 hours - 1 hour when it is hotter than 90°F!

Pack plenty of ice!



Keep lots of ice or ice packs in your cooler. Throw away your leftovers if there is no ice left when you get home.

Keep coolers cool!



Transport coolers inside your car. Do not keep them in your hot trunk.

At the cookout keep coolers in the shade if you can. Keep your foods in the cooler until you eat them and keep the top closed so foods stay cold!

Grill Safely!



Use a thermometer. It is the only way to make sure your food is cooked to a safe temperature.

To keep the germs from raw foods from touching the foods you cooked use clean plates and utensils to remove foods from the grill and to serve them.

Cook beef and pork to 145°F
Cook ground beef to 160°F
Cook poultry to 165°F

REMEMBER! Keep your cold foods under 40°F and your hot foods over 140°F to be safe! Germs grow fast when it is hot out!

For more info go to www.fightbac.org!

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