The Emergency Food Assistance Program (TEFAP)

Commodities at Work

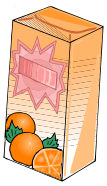
Can We Get them?

Some TEFAP Foods:

Fruits

Apples
Applesauce
Apricots
Cranberry sauce
Dates
Dried cranberries
Figs
Grapefruits
Pears
Pineapple
Prunes
Raisins

Juices



Apple
Cranberry apple
Grape
Orange

Vegetables

Black-eyed peas
Corn
Green beans
Peas
Pinto beans
Potatoes
Tomatoes
Vegetarian beans

Meats and Seafood

Beef
Beef stew
Bison
Canned salmon
Canned tuna
Chicken
Ham
Pork sausage
Turkey

Other good foods

Baked good mix
Cereals
Peanuts
Rice
Spaghetti
Trail mix
Vegetable oil

What is TEFAP?

TEFAP gives out free surplus federal foods to people in need. You can find TEFAP foods at some food pantries.

How can I get TEFAP foods?

You can get TEFAP foods if:

1. You or someone in your family gets help from any of these:
   - Temporary Assistance to Needy Families (TANF)
   - Supplemental Security Income (SSI)
   - Food Stamp Program (FSP)
   - Women, Infants, and Children (WIC)

OR

Your family's total income is less than or equal to:

Family Size	Yearly Income	Weekly Income
1	$17,705	$341
2	$23,736	$457
3	$29,767	$573
4	$35,798	$689
5	$41,829	$805
6	$47,860	$921
7	$53,891	$1,037
Each additional member	$6,031	$116

2. There is a food pantry near you that carries them

How do I find a food pantry that carries TEFAP foods?

Call one of these places and ask:

Community Food Bank
31 Evans Terminal Road
Hillside, NJ 07205
(908) 355-3663

CFB Southern Branch
6735 Blackhorse Pike
Egg Harbor Twp, NJ 08902
(609) 383-8843

CFB Mercer St. Friends Food Cooperative
151 Mercer Street
Trenton, NJ 08611
(609) 396-1506

NORWESCAP
201 Broad Street
Phillipsburg, NJ 08865
(908) 454-4322

Food Bank of Monmouth/Ocean Counties
3300 Route 66
Neptune, NJ 07753
(732) 918-2600

Food Bank of South Jersey
1501 John Tipton Boulevard
Pennsauken, NJ 08109
(856) 662-4884

Middlesex County Economic Opportunities Corporation (MCEOC)
132 Second Street
Perth Amboy, NJ 08861
(732) 324 1580

Southern Regional Distribution Center
6140 Mays Landing Road
Vineland, NJ 08360
(856) 327-3145